



## Information for First-time Customers

Welcome to our food bank! Our goal is to make your visit today as easy and comfortable as possible.

This is how our food bank works:

1. We will give you a form to list the names and dates of birth for everyone in your household. Please fill out the form and take it to check-in.
2. At check-in we will ask to see an ID with your name, date of birth and current address.
3. Your information from the form will be entered into our computer database. (After your first visit you will only need to provide your name and any changes in your address or information.)
4. To complete the check-in process, you will be asked to sign your name on a computer signature pad. (We are required to gather signatures by the commodity program that provides some of our food.)
5. Once you have checked in you will be served right away. If there is a line of people waiting, you will be given a number.
6. When it is your turn, you will be given a shopping cart and a volunteer will go through the aisles with you to help you choose food that meets your family's needs. Our goal is to provide you and your family with enough nutritious food to make three meals a day for three days.
7. We ask that you please visit the food bank only once each week.

If you have any questions, comments or concerns, please contact us. We would like to hear from you. Our main office number is (253) 383-3164. You can also e-mail us at [info@fishfoodbanks.org](mailto:info@fishfoodbanks.org).

We hope you have a pleasant experience.

Sincerely,  
Beth Elliott  
Executive Director